



## ÉCOLE SEAFORTH ELEMENTARY SCHOOL PARENT ADVISORY COUNCIL

We were pleased to see such strong attendance at the first PAC meeting of the 2011/2012 school year. Having an open dialogue about the opportunities and challenges facing our students and their parents is integral to the success of the PAC and the school. Many thanks to the parents who came to the meeting to offer their insight and opinions, and a reminder to those who can't make the meetings that you can always contact the PAC Chairperson, Rhylin Bailie, by emailing [chair@seaforthpac.net](mailto:chair@seaforthpac.net) or calling 604-219-2824. The PAC meetings are held on the third Wednesday of every month from 7-9pm, and babysitting is provided. We look forward to seeing you at the next meeting on Wednesday, October 19.

I would like to thank MaryAnn Giardini for stepping forward as Vice Chairperson and Shannon Derksen for stepping forward as Secretary. We still ***need to find a Canadian Parents for French representative*** who will attend the monthly CPF meetings and then communicate that information to the PAC Exec so that we can keep our French students informed about upcoming events. If you are interested in being the CPF rep, please email [chair@seaforthpac.net](mailto:chair@seaforthpac.net).

Also, we ***urgently need someone to coordinate the Traffic Safety Program***. Last year's coordinator is willing to offer her support and assistance to a new coordinator to get the program started, but is not able to coordinate the program for the entire year. Unless we find a Traffic Safety coordinator we will not be able to have a crew of parent and student patrollers to keep a watchful eye on our children. If you are able to take on this very important role to keep our children safe, please email [chair@seaforthpac.net](mailto:chair@seaforthpac.net).

### Thank You

Many thanks to the group of parents (Janet Lee, Anne Deliyannides, Donna Binotto, Zena Kwan, Sandra Mankoo, Adrienne Dall'Antonia, Arina Nuttall, Birdie Chan and Dal Sidhu) who helped distribute the PAC Welcome Package. We need to hand out and pick up all of the paperwork ourselves for the time being until the email list is ready to use, and greatly appreciate the assistance of parents during this time. A notice has been posted in each classroom asking for a ***classroom coordinator to help with the distribution and collection of paperwork*** on behalf of the PAC and also the school. If you are able to take on this role for your child(ren)'s classroom, please email [chair@seaforthpac.net](mailto:chair@seaforthpac.net).

Thank you to Anne Deliyannides for cleaning up and restocking all of the Rainy Day Boxes over the summer, so that our students will have activities to keep them occupied on the days when it's just too wet to go outside.

And thank you to Birdie Chan for organizing the French Book Fair, which earned \$867 for the school library! The English Book Fair is scheduled for January, with the potential for a pre-Christmas event as well ... stay tuned for more information.

### Donations

You should have received a donation form as part of the PAC Welcome Package. If you have any questions about the donation program and how funds are allocated to the school, or the PAC fundraising activities, please do not hesitate to get in touch.

### First Safe School Event!

MaryAnn Giardini and Sandra Riccardi are coordinating the newly formed Safe School Committee, and are pleased to announce that their first event will take place on October 17. Jim Jordan, a motivational speaker from Ontario, will give two anti-bullying presentations to Seaforth students, one for K-3 students and one for grade 4-7 students. His style of presentation is unusual for the weighty subject matter, as the former professional magician incorporates magic tricks and an interactive game-show-like atmosphere. His presentation focuses not on the bullies and victims but the bystanders that need to be encouraged to speak out.

### DPAC Parent Presentations

DPAC is hosting two parent information evenings. "Brain Rules" will discuss how we learn, how sleep and stress affects our brains, the myth of multi-tasking and other interesting facts about how our brains work and how you can use this knowledge to increase your cognitive abilities. This session is free to parents and will be held on **October 20** from 7-9pm at the Michael J Fox Theatre at 5455 Rumble Street. On **November 2**, DPAC will host "Dealing with Anxiety Disorders in School Settings" to help parents increase their awareness of anxiety disorders in children and the various techniques and resources that are available to address these issues. The session will be held from 7-9pm at École Marlborough School at 6060 Marlborough Avenue, but parents must pre-register at [www.burnabypac.com](http://www.burnabypac.com) by October 27.

### École Seaforth Elementary School Community Events

We are hoping to host a number of events at the school that foster a sense of community. We're thinking of having the first Movie Night in October with a Hallowe'en theme (more information to follow) and this year's Carnival will provide a wonderful opportunity for Seaforth's students and families to get together and socialize while also raising funds to support the school and Seaforth's students. If you have other ideas for community events, we'd love to hear about them! Please email [chair@seaforthpac.net](mailto:chair@seaforthpac.net) or speak directly with a member of the PAC Exec.

**Your PAC Executive**

Chairperson – Rhylin Bailie – [chair@seaforthpac.net](mailto:chair@seaforthpac.net) or [info@seaforthpac.net](mailto:info@seaforthpac.net)

Vice Chairperson – MaryAnn Giardini

Treasurer(s) – Sophie Cong and Rema Sanghera

Secretary – Shannon Derksen

DPAC Rep (District PAC) – MaryAnn Giardini

CPF Rep (Canadian Parents for French) – ***Vacant***

Members at Large – Lynne Vidler, Zena Kwan, Sandra Mankoo, Hark Sandhu

Past Chair – Jen Mezei

School Planning Committee – Jen Mezei, Pablo Su, Paulina Chow-White

We look forward to another great year for our children at Seaforth!

Yours truly,

Rhylin Bailie

PAC Chairperson

[chair@seaforthpac.net](mailto:chair@seaforthpac.net)